

# THE CENTURIAN

Volume 28, Issue 4

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COMMUNITY

## Backpack Stuffing Party! Norfolk Campus Gives Back to Area Students



“

During the celebration and hard work required to stuff supplies into 800 backpacks, many City of Norfolk officials arrived to join in the fun ... Mayor of Norfolk, Kenny Alexander, as well as many other city officials ...”



On Thursday, August 23, 2018, the students, staff and faculty at Centura Norfolk had a backpack stuffing party to give to school aged children that reside in the city of Norfolk. When presented with this amazing opportunity to give back to the community, all the students, faculty and staff were super excited to jump in and help. The City of Norfolk donated the majority of the school supplies to include composition books, notebooks, pens, glue, erasers and more. We donated all the backpacks as well as pencils representing all three brands (Centura College, Aviation Institute of Maintenance, and Tidewater Tech), pens and highlighters.

During the celebration and hard work required to stuff supplies into 800 backpacks, many City of Norfolk officials arrived to join in the fun. We were excited to see the Mayor of Norfolk, Kenny Alexander, as well as many other city officials, visit with us and assist us in

stuffing all the backpacks!

In addition, we hosted a cookout in honor of all the hard work that all of the participants at the college, as well as the officials from the City of Norfolk, were involved in. The students were very excited to have the opportunity to do something that gives back to our community and that excitement and positive energy was heard and felt throughout the building all week! We had standing room only for more than two hours straight while students walked around the rooms, filling the empty backpacks. Many students started to compete with one another and fill more than one bag at a time. Administrators, faculty, staff and city officials stood behind the tables handing

out each of the supplies to fill the student's bags as they went by. We had other students acting as runners to take the full and zipped up backpacks to a classroom where the City of Norfolk picked them up the next day. Great fun was had by all!

In the end, we proudly stuffed and provided 800 backpacks to the City of Norfolk to hand out at their "Hello Neighbor Fest" on Saturday, August 25th, in Lafayette Park on Granby Street in Norfolk. □

THIS ISSUE WE RECOGNIZE 3 OF OUR GRADUATES! SEE WHO ON PAGES 3 & 4

## Chesapeake Campus has Coffee with Superintendent Dr. Cotton



*Photo Center: Dr. Cotton, community members, and students discuss school safety; Photo Above (L to R): Alice Olson, Avel Fulp, Dr. Jared Cotton, Ashley Oden, Sara Hamm*

“ Hot topics of conversation included ensuring school safety, encouraging students in the fields of healthcare, trades, and technology, as well as promoting parent involvement in the learning process.”

Dr. Jared Cotton is the newly appointed Superintendent of Chesapeake Public Schools. As a number of Centura College students have children in the Chesapeake Public School system, the school arranged a “Coffee with Dr. Cotton” event open to Centura College students, staff, and faculty as well as the surrounding Chesapeake community. Dr. Cotton visited the campus on September 26, 2018 to share his vision of

how he will elevate the learning experience of students within the district. At the end of his presentation, attendees were able to ask questions and share concerns that were directly impacting their families. Hot topics of conversation included ensuring school safety, encouraging students in the fields of healthcare, trades, and technology, as well as promoting parent involvement in the learning process. □

## Councilwoman Ward Visits the Chesapeake Campus

Chesapeake City Councilwoman Dr. Ella Ward and Chesapeake Voter Registrar Keith Heyward visited the Centura Chesapeake Campus Thursday, October 11, 2018. Dr. Ward shared with students, faculty and staff the importance of honoring their civic responsibility by voting this November 6th. She stressed the magnitude of being aware of who their local, state and federal representatives are, those running for office, and a historical overview of why they should feel compelled to vote. Mr. Heyward was able to assist students in registering to vote and volunteering to assist during election time. Topics of discussion included education, job outlook, healthcare, and becoming involved locally. Students were able to participate in an informal question and answer session, in which Dr. Ward and Mr. Heyward gladly provided answers. □



*Photo (L to R) Top Row: Chanita Davis, Cheyenne Johnson, Arriale Edwards, Dr. Ella Ward, Doris Anderson, Erin Corbin; Bottom Row: Lashonda Perrish, Charmonique Pemberton, Shanita Gilbert*

## Peninsula Graduate Spotlight: Carissa Chalsma



By Lisa Pinson, Massage Therapy Coordinator CPEN



Carissa has a passion for helping people through hands on healing. She intends to pair her Massage Therapy diploma with the Physical Therapy degree that she is currently pursuing at Old Dominion University.

Carissa Chalsma began her Massage Therapy career at Centura College in Newport News on October 17, 2017 and completed her coursework on June 18, 2018. She was a diligent and engaged student, which resulted in her achieving a 4.0 grade in her coursework.

Currently, she is employed with Williamsburg Neck and Back Chiropractic in Williamsburg, Virginia as a Massage Therapist. Through her work there she uses a variety of trigger point, orthopedic, myofascial, and stretching techniques that are designed to treat injuries, ease muscle tension, reduce muscle spasm and pain. Her favorite work focuses on sports/trigger point and neuromuscular massage techniques that enable clients to regain and maintain healthy well-moving bodies.

Carissa has a passion for helping people through hands on healing. She intends to pair her Massage Therapy diploma with the Physical Therapy degree that she is currently pursuing at Old Dominion University.

In her free time, Carissa spends most of her time furthering her education in the healing arts. She is dedicated to her craft and excels at it. She also enjoys her family, friends, and boyfriend and loves to travel when she has time.

Even as busy as she is, Carissa still comes back here to Centura to assist other students who are about to graduate. She serves as a Licensed Massage Therapist during clinicals and gives constructive feedback. She is a true mentor.

Carissa is one of our best and brightest! She is a true success story! □

## Tidewater Tech Graduate Spotlight: Kyle Horton



By Terrell Wiggins, Student Services Coordinator TTT

Kyle Horton was born in Philadelphia, PA and moved to Virginia with his parents when he was four years old. His original plan and dream were to go into the military because he really didn't know what he wanted to do after graduating high school. His father asked him what his purpose of going into the military was and Kyle stated that it was really for the money. After having this conversation with his father, he decided to take his father's advice and go into a trade. It was from that point that his father introduced him to the HVAC field. His father is a HVAC Technician and has been a very successful one for a number of years.

Kyle attributes his love for HVAC and the trade's field to his father. He talked about how his father was able to make a living and give his family such a great life because of his expertise in the HVAC field. He now is looking to duplicate that same lifestyle. Kyle stated that he would like to start his own HVAC business within the next five years. Kyle began to talk about how things were as a student here at Tidewater Tech. He spoke of how he was able to balance school and life. He stated that it was not very challenging for him because he didn't have a lot going on prior to him beginning school. He would leave the campus at around

*Continued on page 4.*

## Virginia Beach Graduate Spotlight: Tracy Peloquin

“Moving forward on her journey, Tracy stated “Had I never made that stop to Centura College, where I felt a peace as soon as I walked through the door, I would not have a plan for my future. I know where I am heading with my life and I am so thankful for the opportunity to attend Centura College.”

### Tidewater Tech Graduate Spotlight: Kyle Horton, continued

two o'clock in the afternoon and would have to be at work by five o'clock. That was his routine every day up until graduation. However, he did mention that there were times when classes would get challenging and he would need the extra help for a difficult task. He stated that the teachers were very helpful and they were always there for him when he needed them.

In review of his time at Tidewater Tech, Kyle says that everything was perfect. The teachers were always on time. He loved the lab because it was so much like the real world environment that he would work in. He also liked the administrative staff and how nice they were. It was because of the caring faculty and staff, and the environment that we offered here that he boldly stated that he never felt the need to quit. His greatest motivation was knowing that this will end in a great career for him. He knew that he had to do something, whether military or a trade. So he chose the latter, and he's very glad that he listened to his father. I asked him the best advice that he would give to someone who is feeling that they can't finish or won't make it through the program. He made a very profound statement. Kyle stated that others can't want more for you than you want for yourself. He knew what he wanted and was not going to allow someone else to want it more for him than he did. Kyle graduated from his HVAC program at Tidewater Tech in August of 2018 and he is currently working in field as a HVAC Technician at Gregory's Heating and Cooling. □



By Cheryl Landreth, Program Coordinator CVAB

After working in the financial services industry for many years, Tracy Peloquin found herself suddenly out of a job and relocated to a state that didn't offer the types of financial career options she had in her previous home state. Tracy had often worked in food service and as a temporary employee in the past and once again found herself back into those types of jobs.

Tracy stated “When I reached my 50th birthday, I took a look at where I was in my life, what I had started and what I had not accomplished. Each day on my way to yet another temporary job, I passed by Centura College. I saw students outside and often wished I was one of them.”

In 2016 Tracy found herself laid off again and decided enough was enough. She went to Opportunity Inc. to see what options would be available to a middle-aged woman who had been displaced from her previous career. To her surprise and joy, there was a grant available to help with the cost of college. Her next stop was Centura College.

For the next year and a half, Tracy worked full time and attended school full time. Reflecting on that time, Tracy stated, “I really wanted to do my best at both. Whenever you would see me, I would either have a book in my hand

or I would be working on homework.” Many late nights later, Tracy graduated summa cum laude with a 3.85 grade point average and a Bachelor of Science in Business with a Concentration in Management degree. Tracy exclaimed, “I felt so accomplished!”

Tracy knows this is only the first important step in achieving her dream to someday run her own business of helping low-income seniors with housing. She is currently working at Canon and advancing in her career. Her next step is to enroll in a Master's program pursuing additional business and human resource training.

Moving forward on her journey, Tracy stated “Had I never made that stop to Centura College, where I felt a peace as soon as I walked through the door, I would not have a plan for my future. I know where I am heading with my life and I am so thankful for the opportunity to attend Centura College. The instructors were great and offered additional assistance whenever I needed it. They taught me so much more than just the book material. I was able to gain practical application experience which helped me to fully understand the purpose of what was being taught.” □

## Virginia Beach Campus Host Semi-Annual Career Fair



*By Jeffery Barbour, Librarian CVAB*

Centura College's Virginia Beach Campus hosted its semi-annual Career Fair on Tuesday, June 26, 2018. Before the event, the Career Services Coordinator advertised the event to students within their classrooms. The Career Services Department prepared our students and graduates by reviewing their resumes and cover letters. Additionally, mock interviews were conducted and feedback provided to the student prior to and following the Career Fair. The Career Services Staff continually provides one-on-one assistance as well as conducts workshops to assist students and graduates to obtain their ideal position! Altogether, 26 businesses and organizations participated in the Career Fair.

Patient First, Liberty Tax, Massage Envy, Hampton Roads Transit, and Sutherland Global were some of the companies in attendance.

Many of our students participated in the event. They were well-prepared with research about the companies and dressed for success. Several students were excited to have already been informed that they would receive a future interview! The students enjoyed talking with the employers about their backgrounds and education pertaining to the position requirements. Career Day was a huge success for our students and graduates who had an opportunity to network, learn about career paths in their fields, and make positive first impressions! □



## Virginia Beach Campus Celebrates U.S. Citizenship Day and Constitution Week

Careers Begin Here.



Centura College's Virginia Beach Campus held a grand "kick-off" presentation to introduce the students, along with the faculty and staff, to our 2018 U.S. Citizenship Day and Constitution Week. On Wednesday, September 5, 2018, the audience waited eagerly for the arrival of the well-remembered, distinguished guest, Mr. George Washington, aka Jeff Barbour, our Librarian! In his keynote speech, "The American Flag and The U.S. Constitution: Stars, Stripes, and Freedom Forever," Mr. Washington shared amusing anecdotes from his service roles to our Country as the Commander-in-Chief of the Continental Army, the President of the Constitutional Convention, and the First President of the United States. He engaged the

audience, especially when he paused to take a cell phone call from Mr. Thomas Jefferson, the Secretary of State at that time. His speech created an appropriate sense of humor from the students and staff while quickly reminding us of how today's technology has evolved. The students were captivated by the presentation and learned more about the United States Constitution and its essential role throughout American History. They also were introduced to our campus-wide events scheduled for our Constitution Week 2018, including an exhibit on display in the library, the Constitutional week movies, the library scavenger hunt, trivia and essay contest! □

## Richmond Campus Donates Supplies to VCU Children's Hospital



“

With the incredible job this hospital performs on a daily basis we truly look forward to partnering together with Ms. Irby for future events. This was a great way to kick off the new school year by providing the much needed school supplies.”



*Pictured at the top are Centura Richmond Campus Executive Director, Rob Jones and Sarah Irby; Picture above is Sarah Irby with Student Services Representative Kelvin Lee*

Centura College's North Chesterfield campus is passionate about the work at Virginia Commonwealth University Children's Hospital, Central Virginia's only comprehensive, full-service hospital devoted to the care of children. Last year we collected over 75 children's books for the many kids receiving care at this facility. This year we decided to do something different by collecting everyday school supplies instead.

Our students and faculty rose to the challenge presented and we outdid last year's donations.

With so many school supply drives, these children are unfortunately unable to attend those types of events due to the efforts concentrated on their recovery. Student Services Representative, Kelvin Lee and Campus Executive Director, Rob Jones decided to visit the Children's Hospital to present Ms. Sarah Irby (Volunteer & Community

Outreach Coordinator) our donations. It's ranked among the nation's top children's hospital by U.S. News and World Report and is Virginia's only Level 1 pediatric trauma center. With the incredible job this hospital performs on a daily basis we truly look forward to partnering together with Ms. Irby for future events. This was a great way to kick off the new school year by providing the much needed school supplies. ■

## Our Students are Moving on to Great Careers

<b>ABBOTT, Latisha M</b>	Support Services of Virginia	<b>HARRIS, Dekisha D</b>	Tidewater Center for Life/Sentara Ctr fo	<b>PUGH, Saacheay</b>	Advanced Foot & Ankle Care Inc.
<b>ADAMS, Kalia</b>	Weis Pediatric Dentistry	<b>HARRIS, Stacy</b>	Bae Systems Norfolk Ship Repair	<b>RECKENBERGER, Ashleigh J</b>	Tidewater Family Practice, P.C.
<b>AGOSTO, Eric</b>	Agosto Tech Service	<b>HARSLEY, Rhonda</b>	HealthFirst	<b>REED, Janae</b>	Central Virginia Medical Facility
<b>AGUILAR, Nicholas</b>	Newport News Shipbuilding	<b>HARVEY, Sylvia</b>	Bon Secours Health System	<b>REESE, Tiffany</b>	TPMG-Greenbrier Family Practice
<b>ALLEN, Debra L</b>	Pen Bay Medical Center	<b>HAWKINS, Kaneesha</b>	Little Neck Medical Center, Dr. F. Hasan	<b>REKRUT, Lisa</b>	Hampton Roads Transit
<b>ALLEN, Victoria</b>	DaVita Kidney Care	<b>HENRY, Abigail</b>	Orthova	<b>RELIFORD, Donnie W</b>	Virginia Neurology & Sleep Centers
<b>AMBANI, Eric K</b>	Beaufont Health & Rehabilitation Center	<b>HENRY, Nyasha</b>	Women First	<b>REYNOLDS, Wendy</b>	TitleMax Title Loans
<b>ARCAND, Joshua</b>	Metro Refrideration	<b>HERNANDEZ, Yasiel</b>	Firestone Complete Auto Care	<b>RICHARDSON, Jade</b>	Suffolk Family Dentistry
<b>ARMISTEAD, Deshaundra</b>	Atlantic Family Dentistry	<b>HESLOP, Debora</b>	Jordan & Associates OB/GYN	<b>RICKS, Latisha</b>	Virginia Dermatology & Skin Cancer Center
<b>ARTIS, Claude</b>	Medical Management Services, INC	<b>HIBL, Shannon</b>	Tractor Supply Co.	<b>ROBERSON, Tolliver</b>	STIHL, Inc.
<b>BAKER-WOODHOUSE, Sarah</b>	Sugar Creek Station/UPMC	<b>HILLMAN, Dana</b>	Norfolk Eye Physicians & Surgeons	<b>ROBERTS, Rachel G</b>	Hubbard Plastic Surgery & Skin Enhanceme
<b>BARRON, Arwilda</b>	Family Care or Williamsburg	<b>HINTON, Courtney</b>	DaVita	<b>ROBINSON, Felicia</b>	Friendly Faces
<b>BASTARACHE, Morgan</b>	Leibowitz Dentistry	<b>HOPSON, Shanele</b>	Virginia Cardiovascular Specialists	<b>ROBINSON, Le' Roia</b>	Virginia Physicians
<b>BENTUM, Pearl</b>	Hand and Stone Falls Church	<b>HORTON, Kyle</b>	Gregory's Heating And Cooling	<b>ROBINSON, Meyhonna</b>	Family Dental
<b>BERRY, Donavon</b>	Ferguson Shared Services	<b>HOWARD-CALLICUTT, Marquita</b>	Alcoria Global Solutions	<b>ROBINSON, Shayhem</b>	Talbot On Granby
<b>BEST, Telayia</b>	DAV Thrift Store	<b>HUGHLEY, Lanore M</b>	Labs To Go	<b>RODRIGUEZ, Arianna</b>	Kool Smiles PC
<b>BLEE, Joseph</b>	Huntington Ingalls	<b>JACKSON, David</b>	Octapharma Plasma, INC	<b>ROLLINS, Brigit L</b>	Virginia Rheumatology Clinic
<b>BLUNT, La-Keysa T</b>	Octapharma Plasma - Chesapeake	<b>JACKSON, Nekalelia</b>	Behavioral Health Group	<b>RUMERY, Garrett</b>	Firestone Complete Auto Care
<b>BOAS, Jason</b>	Bell Technologix Inc	<b>JOHNSON, Marshala</b>	Eastern Virginia ENT	<b>SALEY, Rachel L</b>	Ohio State University Physicians, Inc.
<b>BOLDEN, Lyaunna</b>	Positive Results Billing	<b>JOHNSON, Sherita D</b>	Dinwiddie Health & Rehab Center	<b>SANDOVAL-BURNSIDE, Rachel</b>	Parham Healthcare & Rehab Center
<b>BOOMER, Antane</b>	East Beach Urgent Care	<b>JONES, Anwar</b>	Tradesman International	<b>SAVAGE, Savage</b>	North Decatur Dentistry
<b>BRANCH, Shaquille</b>	Dr. Spain DDS	<b>JONES, Jasmine</b>	Riverside Health Systems	<b>SAWYER, Matthew</b>	Princess Anne Health & Rehab
<b>BROOKINS, Faybien</b>	Portsmouth Community Health Center	<b>KEEL, Kimberly Renae</b>	Riverside Health Systems	<b>SAYRE, Aaliyah</b>	Zaki Orthodontics
<b>BROWN, Latrice</b>	Patient Care Center	<b>KENNEYBREW, Michelen</b>	Glen Burnie Rehab	<b>SHAW, Cedric L</b>	JMC Merchants
<b>BRUCE, Tynesha</b>	OrthoVirginia	<b>LAMBRIGHT, Darryl</b>	BAE Systems	<b>SHERLOCK, Aimee M</b>	Pulmonary & Sleep Medicine Consultants
<b>BUEKER, Shyla</b>	Grifols Newport News	<b>LATHEROW, Cindy</b>	QTC Medical Group	<b>SIMMONS, LaQuan M</b>	Image Staffing Services
<b>BURNEY, Desmond L</b>	Trade Team	<b>LATIMER, Kacy</b>	Hampton Roads Orthopedics & Sports Med	<b>SIMON, Melvinia</b>	Massage LUXE/ Face LUXE
<b>CABBINS, Tricia T</b>	VCU Health Systems	<b>LAWRENCE, Sharantrice F</b>	Beaufont Health & Rehabilitation Center	<b>SIMPSON, Alexis</b>	Labs To Go
<b>CARLYLE, Shaquita</b>	Environmental Green Solutions	<b>LEE, Rinita</b>	Beth Shalom Village	<b>SLIGHT, Rakiya</b>	TPMG
<b>CARROLL, Audra R</b>	Little Neck Medical Center, Dr. F. Hasan	<b>LEWIS, Ebony</b>	DAV Thrift Store	<b>SMITH, Brittany</b>	MD Express Urgent Care
<b>CAUTHORNE, Constance A</b>	Massage Luxe	<b>LEWIS, Patricia</b>	Virginia Eye Institute	<b>SMITH, Daquell</b>	BAE Systems Norfolk Ship Repair
<b>CHALSMA, Carissa</b>	Williamsburg Neck and Back	<b>LIBBY, Nichole M</b>	Jordan and Associates	<b>SMITH, Jade</b>	Dr. Peter Matkowsky Family Dentistry
<b>CHAMBERS, Keanon E</b>	Tread Quarters	<b>LIMERICK, Rosalia</b>	Behavior and Stress Management Center	<b>SMITH, Latrelle</b>	Soft Palate Dentistry
<b>CHATMAN, Quanise</b>	Smile 32	<b>LUCERO, Terri</b>	Women First	<b>SORTO, Maira</b>	Massage Envy
<b>CHAVIES, Kentra E</b>	Chesapeake Regional Medical Center	<b>LUGO, Daisy</b>	Procreate Fertility Center of Virginia	<b>SPELLMAN, Dashia</b>	Northside Park Gastroenterology & Endo
<b>CHERRY, LaShay</b>	Sutherland Global Services	<b>LUNDY-WHITFIELD, Jhane</b>	Vbeyond Corporation	<b>SPRUILL, Sakoya L</b>	Wine and Unwind Day Spa
<b>CHERRY, Latoya</b>	Patient Care Center	<b>MAJETTE, Mary</b>	HealthyHER Center for Women's Care	<b>STEPHENSON, Tierra</b>	Southeastern Va Training Center
<b>CHRISTOPHER, Tyrone</b>	Solutions Psychotherapy	<b>MANFRED, Rachel</b>	Massage Envy Hampton	<b>STRAIT, Mindy M</b>	Seriously Weight Loss, LLC
<b>CLARK, Che'randa</b>	Dr. Amanjot Khara D.D.S., P.C.	<b>MANZANARES JR., Gerald C</b>	Cookout	<b>SYKES, Shawna</b>	ScribeAmerica
<b>COLEMAN, Cynthia</b>	Adult & Pediatric Allergy Care	<b>MARCOS, Nicolas</b>	JLC Heating And Cooling	<b>THIGPEN, Lawrence</b>	Divine Health Care
<b>COLOMB, Michael</b>	Southern Goodman Mechanical	<b>MARRAZZO, Evelyn M</b>	Western Branch Women's Center	<b>THOMAS, Alicia</b>	Riverside Health Systems
<b>COOK, Shimira</b>	Kool Smiles PC	<b>MARRIER, Leslie</b>	A Day Spa - Hampton	<b>THOMAS, Danielle L</b>	Eastern Virginia ENT
<b>CORNELIUS, Stacy</b>	Lee Family Denistry	<b>MARROW, Garrett</b>	Premier Mobile Denistry	<b>THOMPSON, Angela</b>	Sentara Healthcare
<b>DABNEY, Madina</b>	Parham Healthcare	<b>McCONICO, Johnny D</b>	Career Strategies Inc.	<b>THOMPSON, Ellisia</b>	Kool Smiles
<b>DAVIS, Robin</b>	Grifols Plama Center	<b>McDONALD, Rachel</b>	West Gynecology	<b>TRENT, Tash</b>	University of Virginia Medical Center
<b>DAVIS, Mary</b>	Eastern Virginia ENT	<b>MEAD, Stephanie</b>	Chesapeake Spine Center	<b>TUCKER, Tashanika</b>	Lexington Court Rehab & Healthcare
<b>DAVIS, Maya</b>	Senora Angels Home Health and Services	<b>MEIRINHO, Susana</b>	Procreate Fertility Center of Virginia	<b>VASQUEZ, Teresa D</b>	American Health Associates Lab
<b>DE LOS SANTOS, Karolina</b>	Divine Health Care	<b>MILAN, Sharene</b>	Dept. of Veterans Affairs Salem, VA	<b>VICKU, Wisdom</b>	Tristar Electric
<b>DEEL, Tyler J</b>	Atlantic Vein & Vascular Associates	<b>MOORE, Cheche</b>	Parham Healthcare	<b>WARNER, Kevin</b>	Renraw Real Estate LLC
<b>DEMARS, Christina</b>	Pariser Dermatology NN	<b>MOORE, Jaquesha</b>	American Family Care - Midlothian	<b>WEBB, Jackie</b>	Riverfront Dentistry
<b>DOEPPING, Stephen</b>	FAIRBANK MORSE	<b>MORGAN, Gwendolyn S</b>	Glenburnie Nursing and Rehab	<b>WHILEY, Cierra</b>	Kuhio Pediatric Dental
<b>DUCK, Brittany M</b>	Mid Atlantic Dermatology	<b>MORRIS, Shannon</b>	Bon Secour	<b>WHITE, Alexis S</b>	Octapharma Plasma
<b>EASTER, Jerome</b>	Career Strategies Inc.	<b>MORRIS, Sylvia</b>	Commonwealth of Virginia-ABC	<b>WHITE, Kayla</b>	Massage Envy Hampton
<b>EASTERDAY, Karen</b>	Dr. Philip Davis	<b>NASRALLA, Youssef</b>	AGI	<b>WIGGINS, Nena M</b>	Visiting Angels of Virginia Beach
<b>EDENSTROM, Dakota</b>	Children & Adolescence Clinic	<b>NELSON, Oneisha</b>	Family Dental	<b>WILBURN, Kyle</b>	Sewells Point Apartments
<b>ENCARNACION, Natasha L</b>	Mid Atlantic Dermatology	<b>OPRIS, Geordi</b>	Precision Tune Auto Care	<b>WILLIAMS, Alica</b>	Urology of Virginia
<b>ESBRANDT, Bonne</b>	Bayview-Med Systems Associates	<b>ORTIZ, David</b>	HROS M Pain Management Center	<b>WILLIAMS, Denise</b>	Aspen Dental Management
<b>ESQUIVEL-REYES, Yeri</b>	STAR MECHANICAL	<b>PADILLA-PAULING, Delia</b>	Pariser Dermatology Specialists	<b>WILLIAMS, Erica M</b>	Tidewater Neurologists & Sleep Disorder
<b>FARROW, Lafenna L</b>	Octapharma Plasma	<b>PAGAN-MOHR, Lena M</b>	Apple Tree Kids	<b>WILLIAMS, Shanitta</b>	Riverside Health Systems
<b>FLOWERS, Nicole L</b>	Sentara Pediatric Physicians	<b>PARKER, Joshua</b>	Allfirst Industrial Contractors	<b>WILLIAMS, Shenae</b>	Patient First
<b>FRENCH, Tandra</b>	Family Dental	<b>PARR, Timothy J</b>	Timothy James Parr-Parr Accounting Servi	<b>WILLIAMS, Tanni J</b>	Randstad
<b>FRISSBY, Ruth</b>	TPMG	<b>PARRISH, Taisha</b>	Pivot Physical Therapy Corp	<b>WILLS, Samantha N</b>	Atlantic Orthopedic
<b>FULKS, Irene</b>	Salters Creek Medical Group	<b>PATRICK, Taylor</b>	Medical Management Services	<b>WINFIELD, Robert A</b>	Octapharma Plasma-Portsmouth
<b>GOLDSBERRY, Amie</b>	Soft Palate Dentistry	<b>PEREZ, Jennifer</b>	USR Federal Services	<b>YOUNG, Danielle</b>	Kool Smiles
<b>HAMILTON, Kathryn</b>	John Monsman, DMD, PLLC	<b>PETERSON, Yvette</b>	Grifols	<b>YOUNG, Jaleesa J</b>	Massage Envy of Virginia Beach
<b>HANDLEY, Kandi</b>	Massage Envy of Virginia Beach	<b>PINNIX, Shannik</b>	Children & Adolescents Clinic	<b>YOUNG, Mykeesha A</b>	Massage Envy of Virginia Beach
<b>HANN, Amy</b>	Massage Envy Hampton	<b>POUL Jr., David R</b>	Bay Recovery		
<b>HARLOW, Melanie</b>	Jordan and Associates	<b>POWELL, Walter A</b>	Chesapeake Public Schools		

## Virginia Beach Campus Holds Back to School Community Bash



*L. Monique Rodriguez, Student Service Coordinator CVAB*



With the partnership of students, staff, and community members, we provided 100 backpacks filled with school supplies, such as crayons, notebooks, rulers, pencils, scissors, and much more for the children in the Hampton Roads Area.



On Saturday, August 25, 2018, the Virginia Beach campus of Centura College hosted a Back to School Community Event. During the event, families toured the facility and learned about our programs. The Massage Therapy station discussed aromatherapy and its benefits and gave out recipes for natural cleaners and deodorizers. The Informational Technology (IT) department had a computer car racing game available for anyone to play. The Medical Assisting department provided health screenings, and the Business department had a painting party while viewing a PowerPoint presentation. There were food, games, face painting and crafts. Rite Aid administered flu shots to families as well. We wanted to ensure

the children in the local community had a great start to the school year. Last year, our National Technical Honor Society students donated 40 backpacks full of supplies, such as notebooks, pencils, and glue, to Samaritan House and H.Y.P.E. Youth Services. For this school year, with the partnership of students, staff, and community members, we provided 100 backpacks filled with school supplies, such as crayons, notebooks, rulers, pencils, scissors, and much more for the children in the Hampton Roads Area. Centura College Virginia Beach highly appreciates the efforts of the students, faculty, and community members to make this Back to School Community event a huge success! ■

*Pictured are just a few of the children that received one of the stuffed backpacks during this year's Back to School Community event.*